



'Here is a teaching that is new' they said,  
'and with authority behind it: he gives  
orders even to unclean spirit and they obey  
him.'  
Mark 1:27

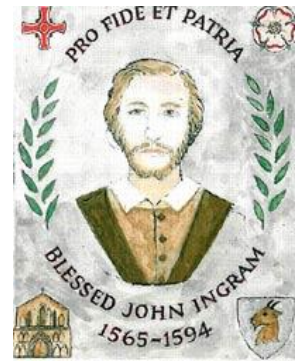
THE PARISH OF OUR LADY AND ST PHILIP NERI  
Immaculate Heart of Mary ▪ Lobley Hill  
St Mary ▪ Whickham  
St Philip Neri ▪ Dunston

Parish Priest Fr Peter Leighton 0191 460 4274

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Diocesan Website [www.rcdhn.org.uk](http://www.rcdhn.org.uk)



The John Ingram Partnership  
Diocese of Hexham and Newcastle

31 January 2021

Fourth Sunday of the Year

Year B

The Parish Secretary, Julie Hindmarsh, can be contacted this week by email [stmarysphilip@aol.co.uk](mailto:stmarysphilip@aol.co.uk)  
or by telephone 07891 162205 Tuesday, Wednesday & Friday, 10am - 2pm and Thursday 12noon - 4pm

- THE PUBLIC CELEBRATION OF MASS AT IMMACULATE HEART OF MARY CHURCH During the National Lockdown, and with the support of our volunteer stewards and cleaners, Fr Peter is continuing to celebrate Sunday Morning Mass with a congregation at 10.00am. All other Masses will be celebrated without a congregation. Please remember that in the present circumstances, you are under no obligation to attend Mass on Sundays or Holydays of Obligation. If you intend to attend Mass on Sunday, please take particular notice of the 'booking-in' system detailed on the next page. If you are unable to attend Mass in church, Sunday Morning Mass will continue to be available to view on our Parish YouTube channel [www.youtube.com/channel/UC3webHIXzcgamFoHdfuCFLLQ](http://www.youtube.com/channel/UC3webHIXzcgamFoHdfuCFLLQ) and on our Facebook page [www.facebook.com/ - The Parish of Our Lady & St Philip Neri](http://www.facebook.com/The Parish of Our Lady & St Philip Neri).
- Live broadcasts of Mass from various locations and at various times can be found at the following website: [www.churchservices.tv](http://www.churchservices.tv)
- As part of the pastoral care of parishioners and others during this COVID-19 lockdown, a number of qualified counsellors and listeners have generously made themselves available to anyone who may be troubled by the negative effects of the pandemic. These counsellors and listeners can be contacted through the St Mary's Cathedral Listening Service on 0191 232 6953 and the Northumberland Listening Service on 07732 980740.

*Mass times listed below indicate Masses to be celebrated in Immaculate Heart of Mary Church  
and for which, if you wish to attend, you should 'book-in' (see over page)*

<b>Sunday 31 January Fourth Sunday of the Year (B)</b>	<b>10.00am</b>	People of the Parish
<i>Day of Special Prayer for Racial Justice</i>		
Monday 1 February		Priest's Intention
Tuesday 2 February <i>The Presentation of the Lord</i>		Rose Cowan (dec.)
Wednesday 3 February <i>St Blaise</i>		Gerard Cailey (ann.)
Thursday 4 February		Maureen Straughan (dec.)
Friday 5 February <i>St Agatha</i>		Wilf Corrigan (dec.)
Saturday 6 February <i>St Paul Miki and Companions</i>		Priest's Intention
<b>Sunday 7 February Fifth Sunday of the Year (B)</b>	<b>10.00am</b>	People of the Parish

*Readings at Mass 1 - 6 February - Ordinary Time Week 4 Year 1*

**PLEASE PRAY FOR THOSE WHO ARE SICK:** Matty Bullock, Raymond Deponio, Barney Hayes, Maria Thi Kien Chiene Le, John Leitch, Liz McKenna, Pauline Mulholland, Astrid Muse (Gower), Joseph Relph, Barbara Stephenson, Geoff Taylor.

*If you or any members of your family are going into hospital and would like to see the Catholic Chaplain, please ask a member of the ward staff to let the Catholic Chaplain know. For the Queen Elizabeth Hospital, you can contact the Chaplaincy Department Office directly, tel. 0191 445 2072 (Catholic Chaplain: Rev. Peter Jones). For the RVI and Freeman Hospitals in Newcastle, tel. 0191 233 6161 (Catholic Chaplain: Fr Mariadass 0191 273 3903).*

## **SUNDAY MORNING 10.00am MASS AT IMMACULATE HEART OF MARY CHURCH**

In order to ensure that all those attending Mass can have a seat and be safely accommodated inside the church, there is a dedicated telephone 'booking in' system - the telephone number is 07388 814715 and you will be able to contact this number Monday - Wednesday, 11am - 6pm. Please be advised that this number does not accept text messaging and there is no facility to leave a message.

*For those who have booked-in and are attending Mass, the church will be opened half an hour before the published Mass time.*

***The wearing of a face covering is mandatory unless a person has an exemption from this. At all times, when travelling to and from church, and whilst in church, you must observe strict social distancing (i.e. 2 metres) from anyone not in your household or support bubble and you must not mingle with anyone not in your household or support bubble before, during or after Mass.***

*A one-way system is in place in the church, plus hand sanitisers at the entrance (Main Doors) and exit (Day Chapel). Once in church please be guided by the volunteer stewards.*

*You will also see a poster on display with Immaculate Heart's QR code which can be scanned using the NHS COVID-19 app if you have downloaded it onto your mobile phone. Please feel free to scan this code but note contact details will also still be requested, manually noted and safely stored for 21 days.*

***Sunday Morning Mass will also be available online and can be viewed on our YouTube channel [here](#)***

**RACIAL JUSTICE SUNDAY 31 JANUARY 2021** In the light of recent events, observing Racial Justice Sunday is of particular importance this year. The effects of the Coronavirus pandemic, the killing of George Floyd, and the powerful message on fraternity and equality by Pope Francis in [Fratelli Tutti](#), all speak of the need to actively oppose racism and pursue racial justice with renewed vigour. The theme for this year is 'A Time to Act'. Racial issues and inequalities were identified nationally and internationally in 2020 generating awareness, emotion and outrage. In view of this, Racial Justice Sunday 2021 is particularly significant. Action is needed to further the cause of racial justice but what can we do? You can read a [reflection on the theme](#) and information, notes and resources can be found on the Bishops' Conference website:

[www.cbcew.org.uk/home/events/racial-justice-sunday-2021](http://www.cbcew.org.uk/home/events/racial-justice-sunday-2021)

**SUPPORT FOR PARISHIONERS DURING THE CORONAVIRUS PANDEMIC** A number of parishioners are offering support to other parishioners who are vulnerable or self-isolating. If you or a friend or relative would welcome a phone call, a bit of shopping, want the newsletter dropping through your letterbox etc. please phone 07570 045976. Your request will be passed to a trusted parishioner who will contact you to discuss your request. It would be helpful if those parishioners who have contact with others who are not able to access the newsletter online could alert them to this item. Thank you.

**UPDATE - FOOD DONATIONS FOR THE FOOD BANK** Fortunately the present government ruling allows us to continue with this much needed support. **Please note if you're not able or would rather not shop for the Food Bank, we're happy to accept a cash donation to shop on your behalf.**

We are very low in stock or have none of these items - UHT milk, cereal, crisps, tinned products i.e. meat (stewing steak, mince, chilli, etc.), tuna, custard, fruit, all vegetables - sweetcorn, peas carrots, potatoes, soup. Other items such as fruit squash, gravy granules, sugar, cooking oil, toothpaste, toilet roll, cleaning spray, washing up liquid, laundry powder, tampons and sanitary pads. We appreciate any other non-perishable items such as teabags, coffee, ketchup, baked beans, hot dogs, and treats for the kids etc. - all gratefully received.

Every Thursday volunteers are in church between 9.30am - 10.30am so you can drop donations off then. If you are dropping off donations at church, please don't enter the church, give a shout and leave any donations inside the open door. You can also bring donations if you are coming to Sunday morning Mass. Thank you.

**Drop off points for food/cash donations remain the same:**

**Dunston area** - John Pinchen, 316 Dunston Road, Dunston (leave in the porch)

**Lobley Hill area** - Maveen Pereira, 41, Beechwood Gardens, Lobley Hill, (leave in the porch)

**Whickham area** - Katie Wilkinson, 1 Mayfield, Whickham (mobile 07837 386760) leave donations in the back garden.

**ACTIVITIES SHEETS** - Week 43 - This week we've got an Own Brands, and a Who Said What quiz, plus a mindfulness colouring sheet and a capital city family quiz sheet to share. Enjoy. All activities can be found on the parish website together with the previous week's answers. (Just under the link for that week's newsletter). Stay Positive. Stay Safe.

**PARISH OFFERTORY DONATIONS DURING THE PANDEMIC** Many thanks to all our parishioners who have continued to make contributions through individual donations, planned giving envelopes and standing orders or bank transfers. As you will appreciate, because of the Covid-19 pandemic, our parish income has fallen quite dramatically as parishioners have been unable to make their regular weekly contributions in the usual way. In light of this, if you would like to set up a standing order for your regular contributions, or to make a one-off contribution, please make arrangements with your bank. The Parish account details you will need to do this are:

*DHN Gateshead Our Lady and St Philip Neri*

*Sort code: 40-34-45 Account number: 21167936*

*Reference for standing orders: insert your own name; commencing: e.g. 6th of each month; frequency: each month, quarterly or annually. Alternatively, if you have Planned Giving envelopes or Gift for Life envelopes you can always put them through the letterbox at Immaculate Heart Presbytery or bring them with you if you are coming to Immaculate Heart Church for Sunday Mass or to drop off items for the Food Appeal. Thank you.*



**GIFT FOR LIFE PHOTOGRAPHIC CALENDARS** A big thank you to everyone who purchased Gift for Life calendars and Christmas cards. Your generosity raised over £550 profit for some really needy causes – well done everyone! We still have a few

calendars left which we are happy to provide free of charge now. Just contact [giftforlife20@hotmail.com](mailto:giftforlife20@hotmail.com)

**A NOVENA FOR THE FEAST OF OUR LADY OF LOURDES**

Beginning on Tuesday 2 February, Fr Stephen Watson (Lourdes Pilgrimage Director) will lead a Novena for the Feast of Our Lady of Lourdes on 11 February. Fr Stephen will lead us daily in a few minutes of prayer which can be accessed via the 'Hexham and Newcastle Pilgrimage to Lourdes' Facebook page. Daily prayers will be shared at 8am and can be viewed at any time after that. You are invited to join in this time of prayer.

**THE NORTH EAST CATHOLIC WRITERS` GUILD** is running a literary competition for schoolchildren – the theme is: “Compose a hopeful prayer for this difficult time”. Maximum 20 lines. The lines don’t have to rhyme. Open to 8-10 year-olds. Please include your age, name, address and phone number and send to: Veronica Whitty, Secretary, Catholic Writers` Guild (NE), 51 Queen`s Crescent, Wallsend, NE28 8DW e-mail: [veronicawhitty@hotmail.com](mailto:veronicawhitty@hotmail.com). The deadline for entries is 8 April 2021. N.B. Entries are excluded from anyone related to any member of the Guild or related to anyone connected with the *Northern Cross*.

**DEPARTMENT OF FAITH AND MISSION** *Called and Gifted - God is calling you to a work of love.* Are you ready to discern your gifts? Starting Wednesday 24 February 2021. For further information please click [here](#) to view the online poster produced by the Vicariate of Faith and Mission. To apply for your place on this new programme please email [adminfaith.mission@diocesehn.org.uk](mailto:adminfaith.mission@diocesehn.org.uk). Booking deadline is Friday 19<sup>th</sup> February 2021. **Children’s Liturgy of the Word (CLOW)** Are you considering running CLOW online for your young parishioners? For further information please click [here](#) to view the online poster produced by the Vicariate of Faith and Mission. To register your interest, please email [adminfaith.mission@diocesehn.org.uk](mailto:adminfaith.mission@diocesehn.org.uk)

**Jen’s Weekly Prayer**

Bring us peace of mind and strength of will to carry on and seek to be the best that we can be.  
Give us the courage to continue to seek and venture forward.  
Bring hope from that spiral of despondency which can harm.  
Shelter us in your loving strength.  
Enlighten our darkness be the illumination which we seek.  
Calm the ravages of fear which threaten to destroy.  
Restore our reason which is lost.  
May we seek the wisdom and giftedness which is ours from you.  
To carry us forward in strength, in peace and in hope.  
Be with us as our friend our help our healer and our guide.

*Revised Jen Jones © October 2020*

**PRAYER FOR RACIAL JUSTICE**

O God,  
who created all people in Your Holy Image,  
who love the stranger,  
who care for the downtrodden,  
walk with those who face discrimination,  
protect them from harm,  
help them see Christ in our community.  
Guide those who fan the fires of discrimination  
to open their eyes to the beauty of all your creation  
and respect the human dignity of all people.  
Open our hearts to those who face hatred and injustice  
because of their race, their background, their ethnicity  
that we might better help them to belong.  
We ask this through Jesus Christ Our Lord. Amen.

**First Reading***Deuteronomy 18:15-20*

Moses said to the people: 'Your God will raise up for you a prophet like myself, from among yourselves, from your own brothers; to him you must listen. This is what you yourselves asked of the Lord your God at Horeb on the day of the Assembly. "Do not let me hear again" you said "the voice of the Lord my God, nor look any longer on this great fire, or I shall die"; and the Lord said to me, "All they have spoken is well said. I will raise up a prophet like yourselves for them from their own brothers; I will put my words into his mouth and he shall tell them all I command him. The man who does not listen to my words that he speaks in my name, shall be held answerable to me for it. But the prophet who presumes to say in my name a thing I have not commanded him to say, or who speaks in the name of other gods, that prophet shall die.'"

The word of the Lord.

**Thanks be to God.**

**Responsorial Psalm***Psalm 94:1-2. 6-9. R/v9*

***R/ O that today you would listen to his voice!***

***Harden not your hearts.***

1. Come, ring out our joy to the Lord;  
hail the rock who saves us.  
Let us come before him, giving thanks,  
with songs let us hail the Lord.
2. Come in; let us kneel and bend low;  
let us kneel before the God who made us  
for he is our God and we  
the people who belong to his pasture,  
the flock that is led by his hand.
3. O that today you would listen to his voice!  
'Harden not your hearts as at Meribah,  
as on that day at Massah in the desert  
when your fathers put me to the test;  
when they tried me, though they saw my work.'

**Second Reading***I Corinthians 7:32-35*

I would like to see you free from all worry. An unmarried man can devote himself to the Lord's affairs, all he need worry about is pleasing the Lord; but a married man has to bother about the world's affairs and devote himself to pleasing his wife: he is torn two ways. In the same way an unmarried woman, like a young girl, can devote herself to the Lord's affairs; all she need worry about is being holy in body and spirit. The married woman, on the other hand, has to worry about the world's affairs and devote herself to pleasing her husband. I say this only to help you, not to put a halter round your necks, but simply to make sure that everything is as it should be, and that you give your undivided attention to the Lord.

The word of the Lord.

**Thanks be to God.**

**Gospel Acclamation***Cf. Matthew 11:25*

Alleluia, Alleluia!  
Blessed are you, Father,  
Lord of heaven and earth,  
for revealing the mysteries of the kingdom  
to mere children.  
Alleluia!

**Gospel***Mark 1:21-28*

The Lord be with you.

**And with your spirit.**

A reading from the Holy Gospel according to Mark.

**Glory to you, O Lord.**

Jesus and his followers went as far as Capernaum, and as soon as the Sabbath came Jesus went to the synagogue and began to teach. And his teaching made a deep impression on them because, unlike the scribes, he taught them with authority. In their synagogue just then there was a man possessed by an unclean spirit, and it shouted, 'What do you want with us, Jesus of Nazareth? Have you come to destroy us? I know who you are: the Holy One of God.' But Jesus said sharply, 'Be quiet! Come out of him!' And the unclean spirit threw the man into convulsions and with a loud cry went out of him. The people were so astonished that they started asking each other what it all meant. 'Here is a teaching that is new' they said, 'and with authority behind it: he gives orders even to unclean spirits and they obey him.' And his reputation rapidly spread everywhere, through all the surrounding Galilean countryside.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

Scripture Readings from *The Jerusalem Bible* © 1966 by Darton, Longman & Todd Ltd and Doubleday and Company Ltd.

Responsorial Psalm from *The Psalms: A New Translation* © 1963 The Grail (England) published by HarperCollins.

**Act of Spiritual Communion**

**My Jesus, I believe that you are present in the Holy Sacrament of the altar. I love you above all things and I passionately desire to receive you into my soul. Since I cannot now receive you sacramentally, come spiritually into my soul so that I may unite myself wholly to you now and forever. Amen.**